



MY KIND OF PLACE

Mobility of Young People
and Youth Leaders

Kaş,
Antalya,
Turkiye
November
14-22 2024



About the Youth Exchange



HOSTING ORG:

TEPEBASI Social Assistance
and Solidarity Foundation



AGE LIMIT:

aged 18- 30,
no age limit for the leaders



YOUTH EXCHANGE

Program Countries :Serbia,
Germany, Portugal, Türkiye,
Greece and Italy



DATES:

November 14 (arrival day),
November 15-21 (program),
November 22 (departure day)



APPLICANT ORG:

Youth Plus e.V.



VENUE:

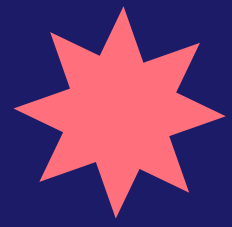
Kaş, Antalya, Türkiye

About the Youth Exchange

By creating a digital culture and equipping young people with the right skills, they will benefit in many ways. While focusing solely on this part of our lives can be detrimental to our physical, mental, and emotional health, it's important to find a balance between the two. The main reason we took on the responsibility of bringing this project to fruition was that we had successfully worked on both themes separately and felt that combining them would strengthen and enhance the quality of the subject. During this exchange we will focus on creating a friendly, relaxed non-formal atmosphere in which participants can feel free to learn and share their experience, so we emphasise having a good atmosphere where participants share not only during working time but as well in free time and take responsibility for their learning and develop their ideas .

The Youth Exchange will bring participants from Serbia, Germany, Portugal, Turkey, Greece and Italy from November 14-22 (Including travel days) in Kaş, Antalya, Türkiye. The age of participants will be 18-30, while the leaders from each partner will have no age limit. Activities are based on non-formal education and focus on active participation, teamwork work, stimulate creativity and acquire new knowledge and skills. We will use methods and activities: icebreaker games, naming games, learning and team building games, invigorating games, group presentations, group work, supported discussions, exercise, outdoor activities, audio and visual methods, etc. Every day there will be focus groups to share opinions and reflect on experience among the participants.

Preparation



We will prepare the participants through a series of preparatory activities: meeting with group leaders, preparatory tasks in FB closed group and WhatsApp Group, also regularly via e-mails

-Safety: We will discuss the issue of safety and protection during the process of preparation. Group leaders will tackle this issue during the preparatory meetings with their participants They will make sure that the participants have travel insurance. The participants with fewer opportunities are also included in the mobility, respectfully.

Economic barriers

Geographical barriers

Cultural differences

We will organise zoom meeting with participants and leader before the project to prepare them and after the project too to evaluate the activity.

Dissemination

We and our partners will create various visibility products to make the project visible. We will share these products (articles, interviews, videos, posts) on the web blogs/pages of the organisations, through our networks including mailing lists, newsletters. We will create the 3 videos, booklet and promote these results through our media, social media channels etc. As part of the visibility activities each partner will organise two Zoom and/or Google meetings on the topic of youth participation before and after the activity. Besides youth participation in the ZOOM meetings, the partners will present Erasmus + Programme and answer any questions that the attendees might have. We will publish the results in the Erasmus + Dissemination Platform.

Participants Profile



- Between 18-30 years old, no age limit for the team leaders
- Ability to speak and understand in English (A2 Level at least, support will be offered by other participants with better knowledge of English)
- Have digital skills
- Own yoga, meditation skills (or want to learn and experience those)
- Interested in the non-formal methodology;
- Showing motivation and strong interest in the topic of volunteering and active citizenship
- Motivated to make a positive impact in their societies
- At least two participants per country with previous volunteering experience
- Able to fully participate in all project phases
- Strong desire to multiplicity the knowledge learned by working on the local initiatives
- Young people that are open-minded, flexible, and non-judgmental.



Social Assistance and Solidarity Foundation is an organisation which aims to improve the social responsibility among the youth and the development of the society by creating projects which addresses all parts of the society and the youth without seeking any differentiation between social classes.

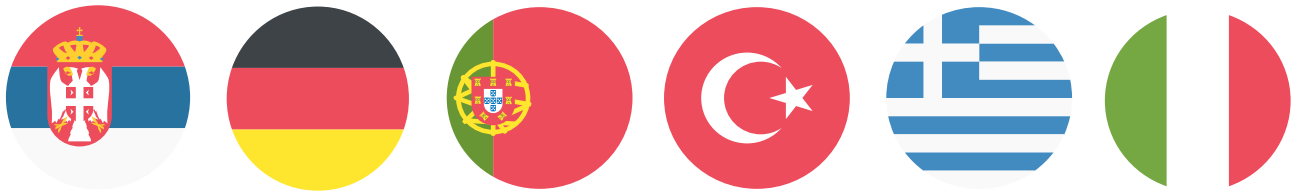
Our main aims and activities are informing and raising awareness of the European Union and its educational programs; promoting self-fulfilment and personal development of young people through educational programs of the European Union and developing non-formal education, intercultural dialogue, international cooperation and active civil society.

SYDV was created in June 2009 to promote opportunities of mobility and inter-cultural learning for youngsters from Eskişehir and its region. The association works with local NGOs and institutions in order to involve local organisations and local communities in international projects, this network helps us to involve local participants, when possible, with fewer opportunities.

As it is a young organisation our experience comes from previous activities in other youth organisations, so we are looking for long-term strategic partnerships in order to create our network.

Participating Countries

All the partners have worked and are actively working with young people, with some sensitive questions related to mental hygiene, intercultural dialogue, empowering disadvantaged and marginalised youth as well as promoting European values and participating in the civil society of their countries.



Our mutual understanding is to support young people against all types of discrimination and intolerance providing them an opportunity to develop themselves regardless of their socio- economic status or personal abilities, and the competences and experience of each partner are the key factors to establish this partnership consortium.



Venue

Kaş is one of the most popular and admired holiday regions not only in Antalya but also in Turkey. It is one of the most visited tourist areas with its clean air and deep blue sea. With its blue flag sea, beach full of history, ancient cities, lush nature, calm and peaceful atmosphere, you will have fun and collect unforgettable memories in Kaş.



Participants will be gathered at Barbarossa Hotel*. The accommodation type is a hotel. Participants will share a bedroom with individual beds and a private bathroom, the number per room will change depending on the type of room, need, or availability of the mentioned hotel, but normally rooms will be shared between 4 people. Breakfast, lunch, and dinner will be served in the hotel, as well as the coffee breaks. Other services provided on-site are free Wi-Fi and laundry service. The hotel counts on towels and hairdryers too. You can check the official website of the accommodation for more information here: [Kaş Hotels - Barbarossa Hotel & Villas Kaş](#)



Reimbursement & Finances



The project is financed by the Erasmus+ programme. The costs related to accommodation and food along with the coffee breaks will be covered by the hosting organisation and the travel costs will be reimbursed according to the Erasmus+ country standards. Personal and medical insurance are the responsibility of the individual participant. We will not be responsible for any loss of luggage, currency or personal effects, or any medical costs.

Make sure that you keep all your original travel tickets (no screenshots) because they are needed for the reimbursement. Use only PUBLIC TRANSPORT and select the cheapest and/or affordable tickets. Before booking any tickets, please contact the project coordinators. Taxi is not eligible for the reimbursement.

Note 1

Only cheapest means of transport / fares are subject to reimbursement. All amounts are expressed in Euros.



In case you are unable to find flights within the budget limits please contact us ASAP.

Note 2

Original tickets **MUST** be sent, but participants need to ensure a copy or a photo of them as proof, in case of loss. Reimbursement will be done by the team leaders or the responsible people of each organisation. This will happen after everyone finishes the dissemination and follow-up local activities, send original tickets and submit evaluation, survey and visibility posts. Keep in mind that the refund process might take months to be done, so patience is advisable.

The maximum reimbursement of the travel costs is

530 €

Portugal

23 €

Türkiye

275 €

Serbia
Germany
Italy
Greece

The hosting and/or applicant organisation is not responsible for any late, delayed and/ or cancelled flights or any other transport, including lost luggage but rather your airlines companies and agencies. No refund twice is eligible for the same trips.

Kaş counts its own two working airports: you can check if there is any connection between your country and another one flying directly to the city.

It is mandatory to have health insurance valid in Turkey during the period of stay, for any emergency, accident, or civil responsibility. - The health insurance cost is not subject to refund, but there are many options in every country, you can consult with your medical centre (sometimes also house insurance includes travel ones)

To have in mind

It is a youth exchange, an educational event, not a trip or touristic event. Workshops will be shared and all countries take responsibility during the project. Everybody should bring some materials for the intercultural night representing your culture/country and work for the presentation together with the team as well (No videos presentations and quizzes) We would like to promote respect for the environment and its resources: bring your cup, try to turn off lights when not using them, avoid the use of paper in the workshop if possible, etc. Pack the digital devices useful for the development of the activities: laptop, iPad, phone, camera... They are a good tool to develop art and informal learning!



In this project we do not want to use plastic cups. Please, bring with you your coffee mug or tea cup. At the end of the project, we will do a Mug exchange so you will end up with another mug to take as a souvenir from this project.



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